



Having fun helping others

THE RÍO Rotarian

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Bob Bard, Ed

Early morning formalities

Following customary prayer, salute, and song, Pres. Ted "entertains" us with pony he treated for laryngitis who's still a little hoarse.

Guests

Ted greets Dave Mason of DM Roofing; Jack brings son-in-law, new grandfather, Rich Keith from No. Carolina, and gives \$50 to PHF. Linda brings Sabrina Sadler from SafeQuest.

Milestones

Tim and Walt, birthdays; Bob, 41st, Danny, 1st, and Dick, 38th Rotary anniversaries.

Paul Harris + 6 award for Jack Krebs

Remember Jim Mac got his PHF +8 bling last week? Well, shucks, Jack's not too far behind as of this week. Watch out, Jim!

Student Rotarians' badges

Alex and Carli now have official badges. Ted admonishes them that Rick will be fined if they don't wear them.

Weekly quiz

Who said, "How fortunate for governments that the people they administer don't think?" Jack suggests that it must have been a Democrat. Ted knows the wine will soon be salad dressing, so he offers hint: "Ya." After a few wild guesses Walt says, "Hitler," and wins. Bon appetite, Walt!

Ted's dictionary project

Next Wednesday is our annual 4th grade dictionary handout. Today, we fill out book ownership labels with our addresses on back, so that kids can send us thanks. The following Wed., Jan. 29, is Dictionary Day, when fire, police, and guardies teach kids to use their new books.

Announcements

Derek Jones announces thank you note from Mulegé (Gringos: note accent on final "e") for \$1,000 scholarship donation and from Youth Ag Day for gift of \$200.

Gary says to celebrate Earth Day he's sponsoring "Follow the Can," our first luncheon field trip to learn about recycling, Friday, March 21, for lunch. Signups next week; if we can't fill bus, Lions & Soroptimist will!

Greg offers thanks, as RVPD has received \$4,800 donations in 8 weeks for TIP411 (enables private citizens to access police via internet). These funds will buy equipment, plus pay for 2 years service.

Student Rotarians Report

Vice-versa dance tomorrow, 7:00 p. m., theme: Winter Wonderland. Students currently picking classes. All

RVHS basketball teams beat Delta. Coming up: students showcase their grades.

Confessions, boasts-you know who you are...don't you?

Danny's too modest to admit to starring role on national ABC-TV whilst extinguishing Kimball Island fire on San Joaquin River by Antioch, but Edwin gleefully rats on him. Dan has fans who texted their admiration for

around the nation, saying, "Hey, we heard you on 'Good Morning, America,' this morning." Ted tries to let Dan off without fine, 'cause it's a work related activity, but groans of disapproval shame Dan into shelling out \$40 for tip411. Proving he's no slouch, Edwin matches sum.

Program

Linda introduces Sabrina Sadler, the Prevention and Education Coordinator for SafeQuest Solano, a state funded agency with headquarters in Fairfield. This agency has offered support to victims of domestic violence and sexual assault in Solano County for over 36 years.

Unfortunately, victims often feel too ashamed to report these types of abuse.

Abusive behavior is about power control, and it may be learned by both men and women and may be passed from generation to generation. On average 24 persons each minute in the U. S. are victims of rape, physical violence or stalking.

Typical domestic violence may be verbal or physical, but verbal scars may not heal as easily as physical ones. Warning signs of an abusive partner may be controlling (isolation or withholding money), jealousy (which isn't love), bruises, threats (I won't let you go back to school), and demanding sex. Victim's gut feeling of abuse may be right.

SafeQuest maintains a 24 hour emergency shelter for women and children in Vallejo and provides separate accommodations for men. They provide child therapy at schools, run an intervention program, give a 56-week class, and can help victims fill out forms for restraining orders. Twice a year they train volunteers to do peer counseling.

Although they agency is state funded, they could use supplemental donations, such as clothing and every day items. All victim services are free, confidential, and multilingual (Spanish/Tagalog/English).

50/50 Raffle

With \$2,000 at stake, Jack can't find the right marble.



Sabrina Sadler, SafeQuest Supports victims of domestic violence & sexual assault.

COMING ATTRACTIONS

DATE	SPEAKER/EVENT	PROGRAM CHAIR
Friday, January 24	To Be Announced	Eddie Woodruff
Friday, January 31	Rebecca McDonald/Children's Nurturing Project	Unknown
Friday, February 7	To Be Announced	Gene Resler
Friday, February 14	To Be Announced	Jim McPherson
Friday, February 21	To Be Announced	Molly Coito